



**Seat Height Adjustment** — Enables the seat to adjust to the preferred height.

To raise the seat, lift your weight off the seat and pull up on the lever; release lever when seat reaches desired height.

To lower the seat, lift up on the lever while you are seated; release lever when seat reaches desired height.

**Tilt Tension Adjustment** — Increases or decreases the amount of effort needed to recline in the chair.

Turn the knob counterclockwise to decrease the amount of tension required to tilt the chair back.

Turn the knob clockwise to increase the amount of tension required to tilt the chair back.

**Tilt Lock** — Locks the chair in five positions while providing full task support.

Push down on the lever in any one of five recline positions to obtain a more customized recline angle.

Pull up on the lever to unlock and free float.

Pressure on the back may be needed to de-activate the lock.

**Forward Tilt Adjustment** — To utilize, the Tilt Lock must be in the up (unlocked) position.

Allows user to adjust the seat into one of three positions.

To obtain a forward seat angle, lean back slightly and rotate lever all the way forward.

To obtain a neutral seat angle, lean back slightly and rotate lever to the middle position.

To obtain a moderate recline angle, lean back slightly and rotate lever all the way back.

**Seat Glide Adjustment** — The depth of your seat adjusts to accommodate different leg lengths.

To change the seat depth, lift and hold the lever as you push the seat forward or backward.

Release the lever to lock seat in place.

**Back Height Adjustment** — Provides custom lumbar support.

From a seated or standing position, lift up on the back to adjust the back height to one of five preset positions.

Lift the back to its maximum height in order to release the internal back height mechanism and return the back to the lowest position.

**Arm Height Adjustment** — Enables the user to adjust the arms based on body size, task, and personal preference.

Lift up on lever, and adjust arm height to desired position.

Release lever to lock arm into place.

**Arm Width Adjustment** — Enables the user to adjust the arms based on body size, task, and personal preference.

Turn knob counterclockwise to loosen.

Adjust arm in or out to desired width.

Turn knob clockwise to tighten.